

**SHIN-KOKUSAI-SHIAIWAZA - Classification of Innovative International Competition Techniques**  
A (Personal) Descriptive Reference by Martin Rivers, Ni-Dan, March 2007

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<b>Set *</b>	<b>Technique</b>	<b>Translation</b>	<b>Picture**</b>	<b>Page***</b>	<b>Description</b>
<b>Set 1</b>	Daki-ko-soto-gake	Hug minor hook	13	11	Ko-soto-gake, whilst 'hugging' uke
	Soto-kibusu-gaeshi	Outer heel trip	20	58	High lapel (non-cross) grip, whilst grabbing outside of uke's opposite-side heel
	Uchi-kibusu-gaeshi	Inner heel trip	19	71	High lapel (non-cross) grip, whilst grabbing inside of uke's same-side heel
	Ryo-hiza-seoi-otoshi	Two knee shoulder drop	10	53	Seoi-otoshi, whilst on both knees
	Kata-hiza-tai-otoshi	Single knee body drop	26	23	Tai-otoshi, whilst on either knee
<b>Set 2</b>	Morote-eri-seoi-nage	Two handed lapel shoulder	8	37	Seoi-nage, with both hands on same lapel
	Kata-soto-ashidori	Single outer leg grab	18	27	High lapel (non-cross) grip, whilst grabbing outside of uke's opposite-side leg
	Kata-uchi-ashidori	Single inner leg grab	21	28	High lapel (non-cross) grip, whilst grabbing inside of uke's same-side leg
	Ryo-ashi-tomoe-nage	Two feet circle throw	5	51	Tomoe-nage, using both feet
	Kata-hiza-te-ouchi-gake-ashi-dori	Single knee hand inside hook	25	24	Ouchi-gake on one knee, whilst grabbing outside of same leg
<b>Set 3</b>	Yoko-tomoe-nage	Side circle throw	14	86	Tomoe-nage, with foot on hip, throwing same side
	Kata-sode-ashi-tsurikomi-goshi	Single sleeve and leg lifting drawing hip	2	25	Sode-tsurikomi-goshi, with non-driving sleeve hand on nearest leg (after turn)
	Soto-mata-seoi-otoshi	Outer thigh Shoulder drop	7	60	Seoi-otoshi, whilst grabbing thigh with non-sleeve arm/hand
	Ko-uchi-gake-mata-makikomi	Minor inner thigh winding throw	24	33	Ko-uchi-gake, whilst grabbing thigh and winding in
	Kata-eri-sode-tsurikomi-goshi	Single lapel sleeve lifting drawing hip	4	21	Sode-tsurikomi-goshi, with non-driving sleeve hand on lapel
<b>Set 4</b>	Ushiro-hiza-ura-nage	Rear knee lift	27	79	Ura-nage, assisted by raising knee
	Hiza-soto-muso	Knee outer leg	11	1	'Sideways-on' Ippon-seoi-nage, whilst blocking at outer knee with non-sleeve hand
	Yoko-kata-guruma-otoshi	Side Shoulder wheel body drop	15	84	Sitting Kata-guruma
	Mae-hiza-uranage	Facing knee lifting rear throw	16	36	Ura-nage, whilst facing and 'hugging' uke, assisted by raising knee
	Ryo-hiza-kata-guruma	Two knee shoulder wheel	17	52	Kata-guruma, whilst on both knees
<b>Set 5</b>	Morote-kata-sode-tai-otoshi	Two hand single sleeve body drop	22	39	Tai-otoshi, with both hands on uke's sleeve
	Ashi-hara-gatame	Leg stomach arm lock	9	199	Uke as Waki-gatame. Tori kneeling astride arm. Leg nearest head under arm, with ankle above wrist. Chest/weight on uke, lifting leg
	Kata-te-ashi-koshi-jime	Single hand/leg hip strangle	12	187	Koshi-jime, with non-neck hand on uke's furthest leg
	Soto-ashi-dori-ouchi-gari	Outside leg grab inner sweep	23	57	Ouchi-gari, whilst grabbing outside of opposite leg
	Kata-sode-seoi-otoshi	Single sleeve shoulder drop	3	26	Kata-guruma, whilst on both knees, without arm round leg

\* - From British Judo Association Technical Dan Grade Theory Syllabus:

<http://www.britishjudo.org.uk/technical/documents/DangradeTechnicaltheoryv10April2007.pdf>

\*\* - From IJF Presentation 2005 - SHIN-KOKUSAI-SHIAIWAZA (Classification of Innovative International Competition Techniques):

<http://www.britishjudo.org.uk/home/documents/IJFPRESENTATION2005.pdf>

\*\*\* - From BJA Technical Grading Syllabus - A Photographic Guide:

<http://www.britishjudo.org.uk/sales2/products.php?CatID=ms>

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