

University of Southampton Transition Calendar



The **Student Disability and Inclusion team** have created a calendar with suggestions for things you can do, if you have time, over the coming months.

The suggestions are just ideas, and we recommend that you only do the ones that **you** think will be most helpful. The ideas have been put on a calendar to help you consider when you could do things, and to show when some events and activities are running during the transition period; we don't expect you to do all of the suggestions on the dates in the calendar.

We recommend that, where booking is required for activities, you register your interest as soon as possible to secure your place as spaces may fill up quickly. You can identify any activities that need booking in advance by looking for **text highlighted in cyan** in the calendar. These activities are included in the calendar on the day they take place but you can use the hyperlinked form to register your interest, or hyperlinked web-page to find out how to book, prior to this date.

You will find a shape by each suggestion - these symbolise categories which are listed in the key to the right of the calendar.

There is space for you to add your top five priorities for the month. We have also left blank spaces on the calendar for you to add your own activities that you plan to do. Click in the **grey rectangles** to type. If you are using read-aloud software, after adding text to the blank spaces, you will need to press save for this to be read.

When you complete a day, you can check this off by clicking the grey square: ➡

Remember, if you are eligible to **enrol** or **re-enrol**, this needs to have been completed within seven days of the start of your programme of study. For more information, check out the the [University of Southampton website](#).


How to navigate through the calendar:


- To move down and/or up to view the next or previous month:
 - Use the arrows on your keyboard;
 - **Or** use the mouse or mousepad to scroll up and down.
 - Hyperlinks are underlined and blue in colour. For example: [University of Southampton website](#)
 - To access the linked web-page:
 1. Hover over the hyperlink
 2. Right-click using your mouse or mouse-pad and select 'Open link in new tab'
- Or**
1. Press 'Tab' on your keyboard to choose the hyperlink you would like to open
 2. Press 'Enter' on your keyboard to open the web-page


Please note: Some links in [October](#) may require a University of Southampton IT account to access - we encourage you to [set up your IT account](#) as soon as possible.


September 2024


Key:

-  Self-care

-  Student life

-  Preparing for studies

-  Support at uni

-  [Supported access event](#)

Remember to sign up!

My priorities:

Add some priorities for the month below!


1. _____

2. _____

3. _____

4. _____

5. _____

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 Aug	27 Aug	28 Aug	29 Aug	30 Aug	31 Aug	1 Sept  Have you booked onto any of our Transition activities or events , designed specifically for disabled and neurodivergent students? Complete our form to register your interest.
2 Sept	3 Sept	4 Sept	5 Sept	6 Sept	7 Sept	8 Sept
 9 Sept Now is a good time to create your University IT account .	10 Sept	 11 Sept You could take a look at some of the SUSU societies and sports available at the university.	12 Sept	 13 Sept If you have a disability, long-term health condition, or specific learning difference have you considered applying for Disabled Students' Allowance (DSA) ?	14 Sept	 15 Sept Why not check out this guide for what to bring to uni ?
 16 Sept Want to learn about the Student Disability and Inclusion Team? Our Introduction to our Support Offer online presentation is today at 10am. Complete our form to register your interest.	 17 Sept If you have a disability, long-term health condition or specific learning difference, have you contacted our team to request specialist support , such as exam arrangements ?	18 Sept	 19 Sept Have you found out how to view your timetable ? If you have any worries, we recommend contacting the Student Hub .	 20 Sept 'Drop-by' accessible tours of Highfield Campus today from 3pm to 4pm (no booking required) - meet us in Building 38 to join.  Introduction to our Support Offer at 2pm. Complete our form to register your interest.	 21 Sept Welcome Zone this weekend (early access available).  'Drop-by' accessible tours of Highfield Campus today from 3pm to 4pm (no booking required) - meet us in Building 38 to join.	 22 Sept Welcome Zone this weekend (early access available).  'Drop-by' accessible tours of Highfield Campus today from 3pm to 4pm (no booking required) - meet us in Building 38 to join.
 23 Sept Public transport tours today. Complete our form to register your interest. 'Drop-by' accessible tours of Highfield Campus and Hartley Library from 3pm to 4pm (no booking required) - meet us in Building 38 to join a tour.	 24 Sept 'Drop-by' accessible tours of Avenue Campus and Hartley Library today from 3pm to 4pm (no booking required) - meet us in Building 38 to join a tour.  Have you planned where & when you will do your food shop?	 25 Sept SUSU Event: Student Life Fair (No tickets required). Complete our form to register your interest for supported access to this event.	 26 Sept SUSU Event: Bunfight (Free tickets required). Complete our form to register your interest for supported access to this event.	 27 Sept SUSU Event: Freshers Fair (Free tickets required). Complete our form to register your interest for supported access to this event.	 28 Sept You could visit the University IT webpage to learn about accessing key University systems and getting help from iSolutions if you need IT support, and watch the An Introduction to University IT video.	 29 Sept Have you caught up with family or friends from home? You could send a text or call them this weekend.

October

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30 Sept</p> <p>● If the weather looks fine, you could spend some time today finding your way around campus using the interactive campus map.</p>	<p>1 Oct</p>	<p>2 Oct</p> <p>● Want an opportunity to meet other new students and speak to our Inclusive Support Ambassadors about student life? You could register for our social and relax event taking place today.</p>	<p>3 Oct</p> <p>▲ Have you decided how you will make and organise your notes?</p>	<p>4 Oct</p>	<p>5 Oct</p> <p>● Want to start exploring the city more? Check out the Unilink bus service.</p>	<p>6 Oct</p> <p>♥ If you are living in Halls, have you found your nearest laundry room?</p>
<p>7 Oct</p>	<p>8 Oct</p> <p>♥ It can be helpful to think about a weekly budget. For some ideas, check out this student budgeting guide.</p>	<p>9 Oct</p> <p>★ If you're an autistic student or currently awaiting diagnosis, you may be interested in our Autism Matters workshop series starting today. Complete our form to register your interest.</p>	<p>10 Oct</p>	<p>11 Oct</p> <p>▲ Would today be an opportunity to explore the university library at your campus?</p>	<p>12 Oct</p>	<p>13 Oct</p> <p>▲ Using your university login details, you could check out this module: 'Developing your skills, getting ready for academic study'.</p>
<p>14 Oct</p> <p>★ You can find out how to get exam adjustments, such as extra time, rest breaks, or a scribe, in our 'How to get extra time in your exams' in-person workshop today at 2pm. Visit our SharePoint site to view upcoming events.</p>	<p>15 Oct</p> <p>★ Couldn't attend the workshop yesterday? We're running it online today at 5pm! Visit our SharePoint site to view upcoming events.</p>	<p>16 Oct</p> <p>★ The second session in our Autism Matters series is today at 2pm! This is a chance to relax, meet other autistic students, play board games, and chat with our Specialist Practitioners. Complete our form to register your interest.</p>	<p>17 Oct</p> <p>★ Did you receive extra time at school, or have a learning need that impacts your studies? You could register your interest for today's 'Getting an assessment for Learning Needs' workshop.</p>	<p>18 Oct</p> <p>▲ Would you like free software to help you with your learning? You can learn about the assistive software available to you at our workshop today. Complete our form to register your interest.</p>	<p>19 Oct</p>	<p>20 Oct</p>
<p>21 Oct</p> <p>★ Do you have any questions about Disabled Students' Allowance (DSA)? You could book onto our DSA workshop taking place today at 2pm, we will answer your questions and help you complete your application paperwork.</p>	<p>22 Oct</p>	<p>23 Oct</p>	<p>24 Oct</p> <p>▲ Could you find some time today to view your library subject guide?</p>	<p>25 Oct</p>	<p>26 Oct</p> <p>▲ Have you checked out the Academic Skills Service's resources on academic writing?</p>	<p>27 Oct</p> <p>★ Do you know how to speak to the Wellbeing Team, should you need to? They offer support and are available 24/7.</p>
<p>28 Oct</p>	<p>29 Oct</p> <p>♥ Want some ideas for cheap and healthy meals?</p>	<p>30 Oct</p> <p>▲ There are lots of study resources on our Student Disability and Inclusion SharePoint site that you may find helpful to look at.</p>	<p>31 Oct</p> <p>▲ Have you checked out the assistive technology software available on campus computers?</p>	<p>1 Nov</p>	<p>2 Nov</p>	<p>3 Nov</p>

Key:

- ♥ Self-care
 - Student life
 - ▲ Preparing for studies
 - ★ Support at uni
 - ➔ [Supported access event](#)
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