**Participant Information Sheet**

**Study Title:** A qualitative enquiry to investigate different stakeholder perceptions of self-management outcomes

**Researchers:** Dr Emma Boger and Dr Jaimie Ellis

**Ethics Number:** (FoHS Ethics ID: 8923)

We are a team of researchers from the University of Southampton, University of Leeds and St George’s University of London who are working on a Health Foundation funded project around self-management. Self-management of long-term conditions is currently an important political and social issue. Yet, to date, there has been little exploration of the preferred outcomes of self-management support or provision from all stakeholders. This project aims to fill this void by exploring which outcomes of self-management support are considered important from *all* stakeholders. ‘Stakeholders’ have been taken to include patients, family members, health care professionals (HCP) and commissioners. In order to explore this research aim we have chosen three long-term conditions to act as our case in example. These include; stroke, diabetes and colorectal cancer.

As part of our study we have talked with patients who have a diagnosis of one of the exemplar conditions, and an elected family/ friend who they consider to offer them support in the self-management of their condition. In the next phase of our study we would like to talk to HCP who have expertise in one of the exemplar conditions and/ or who have a self-management component in their job role. It is for this reason that we would like to invite you to contribute to our study by taking part in a short interview.

As an important stakeholder in this field, we would like to hear your views on what you consider the important outcomes of self-management to be. The interview would last no longer than 45 minutes and can take place at a time, location most convenient for you. Interviews can be face-to-face, at a place most convenient for you, or we have the facilities in place to talk via telephone or Skype. Should you prefer to hold a face-to-face interview, we will reimburse travel expenses. We would also like to offer you a small token of thanks for your participation in the interview by way of £10 voucher.

The interview will be digitally recorded and the recording transcribed. Excerpts from the recordings may be used in the reporting of the research findings, in subsequent conference presentations and in the writing of journal articles. It is important to note however, that you will not be identifiable. We will make every effort anonymise the data through the use of pseudonyms.

Your participation is voluntary, and you have the right to withdraw your participation up to the point of data analysis.

If you would like to take part in the study please can you complete the attached consent form. If you would like any further information regarding this project, or you have any concern, at any time, please contact one of the researchers.

Many thanks for taking the time to read and consider this.

**Researcher Contact details**

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**In case of complaint**

Any complaint about the way you have been dealt with during the study or any possible harm you might suffer will be addressed. Please discuss with the researcher in the first instance to see if the problem can be resolved. If you would prefer not to discuss with the researcher, you should contact Martina Prude, Research Governance Office at the Faculty of Health Sciences (Address: University of Southampton, Building 67, Highfield, Southampton, SO17 1BJ ; Tel: +44 (0)23 8059 7912; Email: sohsreso@soton.ac.uk). If you remain unhappy and wish to complain formally, details of the University of Southampton Complaints Procedure will be provided by this office.